

Year Group	AUT 1	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
Nursery	FMS	FMS	FMS	Dance	Gymnastics	Athletics
Reception	FMS	FMS	FMS	Gymnastics	Dance	Athletics
Year 1	FMS	FMS	Dance	Gymnastics	Swimming Athletics	Swimming
Year 2	FMS	FMS	Dance	Gymnastics	Swimming Athletics	Swimming
Year 3	Dance	Gymnastics	Invasion Games	Striking and Fielding Games	Swimming Athletics	Swimming
Year 4	Dance	Gymnastics	Invasion Games	Striking and Fielding Games	Swimming Athletics	Swimming OAA
Year 5	Dance	Gymnastics	Invasion Games	Striking and Fielding Games	Swimming Athletics	Swimming OAA
Year 6	Dance	Gymnastics	Invasion Games	Striking and Fielding Games	Swimming Athletics	Swimming OAA

The list of activities is flexible (apart from Swimming which will be allocated at the start of each year).

Activities can be swapped between half term blocks to fit in with your planning. However, there must be full coverage of each activity listed during the year.

Invasion Games – Football, Basketball or Netball and all other adapted variations of these games.

Striking and Fielding Games – cricket, rounders or tennis and all other adapted variations of these games.